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"Had I not attended the [RHSRNbc] session, I don't think I would have even known where to start or, that a seed grant is a great place to start for someone who has never applied for a grant before."

Lindsay Van der Meer, successful applicant to BC Cancer Agency's Discovery Seed Grant Award.

## Upcoming RHSRNbc Workshops!

### Research Skill Building Workshop Series: from proposal to publication.



RHSRNbc has teamed up with the Health Authorities of British Columbia to bring you a Research Skill Building Workshop Series. This series will commence on **March 29th 2012** and over the course of 8 months, will take the participant from developing a research idea to preparing and writing for publication.

Individuals can attend either in person, or via web conferencing. Furthermore, each workshop will be video recorded for individuals who are unable to find the time to participate in the workshops during work hours.

Between each workshop, research support services and facilitation will be available through RHSRNbc and the Health Authorities so that participants may work on their project between sessions. *It is our goal that by the end of the workshop series, we will have successfully enabled our members to develop, fund, conduct and publish their own research projects.*

Space is limited - [Register Now](#) for individual workshops or the entire series.

Email [Kaitlin Irving](#) for more information.

Date	Location	Morning Session Topic	Afternoon Session Topic
March 29th, 2012 9:00-4:00 <b>Registration Open!</b>	Castlegar, BC	Identifying Research Ideas and Developing your Research Project Host: Katrina Plamadon - Nursing Research Facilitator, Interior Health	Developing your Research Project Host: Katrina Plamadon - Nursing Research Facilitator, Interior Health
June 15th 2012* 9:00-4:00	Nanaimo BC	Navigating Research Ethics	Aboriginal Research Ethics and Methodologies
September 2012* (Two Day Workshop)	Kelowna BC	Qualitative Research Methods (full day)	Quantitative Research Methods, Statistics (full day)
November 16th, 2012*	Prince George BC	Preparing for Publication	Knowledge Translation - Research to Practice and Policy

## Knowledge Translation Events

### Knowledge Translation to Go



**Potential Spatial Access to Health Services in British Columbia.** Presented by, **Dr. Nadine Schuurman, Professor Geography, SFU**

12:00-1:00PM, March 21st, 2012 Simon Fraser University - Halpern Center Room 114 (Web Conferencing Available)

#### Overview:

Geographic information systems/science (GIS) provides a means to understand the spatial challenges of access to rural health services. By mapping and analyzing distances and obstacles to health services using GIS, this body of research has identified both the importance of access as well as barriers. Particular attention has been paid to the role of social vulnerability in amplifying risks of poor spatial access. Access to both primary health care and specialized services are included in this overview and emphasis is placed on the importance of developing appropriate spatial methods to understand the unique challenges of delivering services in a rural context.

Join us at SFU on March 21st to listen to Nadine's presentation over a light lunch. Or, connect via web conferencing or teleconference (connection information provided upon RSVP).

RSVP for this event [here](#).

For more information email [Kaitlin Irving](#).



Dr. Nadine Schuurman is a Professor for the SFU Faculty of Geography and the host of our first ever, KT to Go event.

### Innovation and Development Commons\* (IDC) Brown Bag Lunch Series

**March 29th, 2012, 12:15—1:15PM**

*Good things to know if we want to close the gap in Aboriginal Health in Northern BC*. Presented by Dr. Josee Lavoie.

**Location:** Brown Bag Lunches are held in the 4th floor education room University Hospital of Northern BC and are available by teleconference and WebEx with the following information:

**Webex:** <https://innovationdevelopment.webex.com> Password: brownbag Meeting #: 804 389 850

**Teleconference:** 1-877-385-4099 Passcode: 835 3420 #

\*The IDC is a collaborative partnership between Northern Health and UNBC designed to facilitate and support Northern Research.

## 2012 Funding Opportunities

### RHSRNbc Travel Bursary Competition



Travel bursaries will be awarded to RHSRNbc members who have been invited to present their rural health services research orally or, in poster format at either a national or international conference. There are four bursaries to be won—three national bursaries of up to \$450 and one international bursary of \$750. These bursaries are intended to *subsidize* the costs of travel and accommodation and other expenses related to conference participation.

This competition has a *rolling deadline* and bursaries will be awarded on a first come first serve basis to deserving applications given they meet appropriate standards of quality. Application forms are available online at [www.rhsrnb.ca](http://www.rhsrnb.ca).

### Community Based Primary Care Research Initiative

The Canadian Institutes of Health Research has launched a Signature Initiative to fund research that supports the delivery of high-quality, Community-Based Primary Healthcare (CBPHC) across Canada.

CBPHC covers the broad range of primary prevention (including public health) and primary care services within the community, including health promotion and disease prevention; the diagnosis, treatment, and management of chronic and episodic illness; rehabilitation support; and end of life care. CBPHC involves the coordination and provision of integrated care provided by a range of health providers, including nurses, social workers, pharmacists, dietitians, public health practitioners, physicians and others in a range of community settings including people's homes, healthcare clinics, physicians' offices, public health units, hospices, and workplaces. It is delivered in a way that is patient- and population-centered and responsive to economic, social, cultural and gender differences.

Information Webinar February 9 1130-1230 PM on CHNET Fireside Chats. Register to participate at [www.chnet-works.ca](http://www.chnet-works.ca)

### Knowledge Synthesis Grant, Spring 2012

**Application Deadline April 2, 2012**

The purpose of this funding opportunity is to support teams of researchers and knowledge users to produce knowledge syntheses and reviews that will contribute to the use of synthesized evidence in decision-making and practice. All types of knowledge synthesis are eligible.

## Upcoming External Events

### Research Skills Workshop, UBC Department of Family Practice

**March 3-4, 2012**

This event will be held at the University Golf Club, 5185 University Boulevard, Vancouver and features keynote speakers, Dr. Dee Mangin (New Zealand) and Dr. David Kuhl (UBC, Family Practice) as well as an interactive primary care network panel discussion. It will be an excellent opportunity to attend research skills-building workshops, meet potential collaborators, and network.

The workshop is free to all members of the UBC Department of Family Practice (faculty, research staff, Clinician Scholars, and residents). All others are welcome to attend at a cost of \$150/day. For a detailed description of the workshops visit [http://www.familymed.ubc.ca/departement/researchoffice/Research\\_Skills\\_Workshop/summaries.htm](http://www.familymed.ubc.ca/departement/researchoffice/Research_Skills_Workshop/summaries.htm)

Space is limited so register early on-line at <http://tinyurl.com/cbclcmd>

### Rural and Remote Medicine Course: "On the Edge"

**April 26-28, 2012 in Whistler BC.**

This working conference hosted by the Society of Rural Physicians of Canada offers nearly 200 workshops, lectures and plenaries in a peer-to-peer interactive learning environment. Based largely on small group sessions this conference will allow you to interact both with speakers and each other in beautiful Whistler BC. Registration is now open, and **poster submissions are welcome.** <http://www.srpc.ca/rr2012/>

### 2012 Annual Canadian Association for Health Services and Policy Research Conference.

**May 29-31, 2012 in Montreal Qc.**

**Abstract submission closes: Thursday, January 12, 2012**

The CAHSR annual conference brings together over 400 of Canada's leading researchers, decision-makers, managers, and trainees to exchange ideas and share findings from the most recent studies in health services and policy research. Featuring over 200 presentations in plenary, small group, and poster formats, CAHSR's conference has something for everyone. Visit <https://cahsr.ca/en/event/cahsr/2012-annual-cahsr-conference>

### 7th BC Rural Communities Summit—Grassroots, Growing Sustainable Rural Communities.

**June 7-9 2012 in Grand Forks ,BC.**

The BC Rural Network and Community Futures Boundary will bring together rural stakeholders from across BC to learn firsthand about effective and practical approaches to empowering rural communities in the challenges and opportunities presented to them by a changing climate and a climate of change for rural BC. This event will engage participants through a variety of information sessions, interactive workshops, skills development, debates and dialogue and is expected to attract 150 delegates from a cross section of the rural communities in BC and beyond. Participants will be representatives of rural, remote and northern communities, private, public and non-profit organizational sectors, educational institutions, youth, and all orders of government (Federal, Provincial, Municipal and First Nations). Travel Bursaries will be available for members of the BC Rural Network. <http://www.bcruralnetwork.ca/bcruralsummit>

\* Don't forget that accepted abstracts for any of the above conferences are also eligible for a RHSRNbc travel bursary! Application information available at [www.rhsrnb.ca](http://www.rhsrnb.ca)

## RHSRNbc Member Profile:

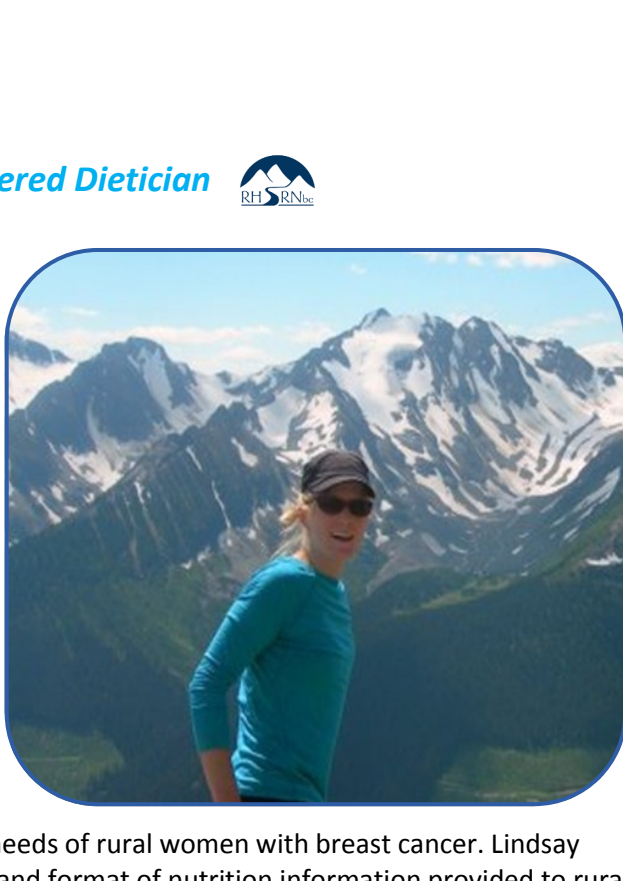
### Lindsay Van der Meer, Registered Dietician



Lindsay Van der Meer is a Registered Dietician based in Prince George, BC and is currently pursuing her Master of Health Studies degree from Athabasca University. For the past three years Lindsay has been in the role of Regional Oncology Dietician for Northern Health where, she provides a combination of direct patient care and practice support for Northern British Columbians living with cancer. In addition to seeing patients in Prince George, Lindsay regularly uses telehealth (videoconferencing) to provide distance specialized oncology nutrition care to patients in their home communities.

After attending the RHSRNbc Academic Grant Writing workshop at UNBC in November, Lindsay applied for, and was awarded a Northern Cancer Control Strategy (NCCS) Discovery Seed Grant Award. The proposed research project will assess the nutrition needs of rural women with breast cancer. Lindsay anticipates that this study will help to inform the type and format of nutrition information provided to rural women with breast cancer.

In her spare time Lindsay enjoys a variety of outdoor activities with her husband Josh and her dog Winston. She is pictured above at the very windy top of Charity Peak, near McBride, BC.



For more information on the NCCS or the Northern Health Oncology Nutrition program please visit the following websites:

<http://www.northerncancerstrategy.ca/TheStrategy/PatientSupport/Nutritioncounselling.aspx>

<http://www.northerncancerstrategy.ca/Home.aspx>