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[News from the RHSRNbc Office](#)

Dear RHSRNbc members,

Happy November!

We are excited to share updates from the past two months and keep you updated on our recent activities and accomplishments!

Our November newsletter provides updates on the network's activities, upcoming events, research, events such as conferences and symposiums, funding and volunteer opportunities, online resources, recent rural research publications, staffing changes, and more.

This will be our final newsletter until the new year, so please have a happy (and safe) holiday season!

Have a wonderful week!

Activity Updates

RHSRNbc Rural Research Knowledge Hub page!

If you are a student researcher or a new rural health research investigator, we welcome you to check out the [RHSRNbc Rural Research Knowledge Hub page](#). We post on various topics related to rural health research, approaching research questions involving the health of rural communities of BC and the various methodologies involved. We look forward to sharing more posts penned by the student research assistants working with us.

Recent Posts:

- Are you curious about the effect of climate change and temperature disruption on rural farming systems? Read our latest knowledge hub blog post: [Forecast for the Future: Extreme Temperature Effects on British Columbia's Rural Farming System](#).

Introducing New Team Members!

Welcoming back, Kate Feldman, Rural Community Resiliency Research Assistant!

Kate Feldman is a recent graduate from the University of British Columbia with a Bachelor of Arts in International Relations. Her studies and research have focused on food and resource economics and sustainable development. Her particular interests are in rural development and the global transition towards more sustainable agricultural practices and how they can be used to strengthen communities across the world in terms of health, environmental resilience, economic stability, and food security. Alongside her research work, she is



pursuing a Diploma in Sustainable Agriculture and Food Systems from the UBC Farm to learn more about the realities of organic farming and get her hands dirty. Outside of work, she enjoys gardening and cooking with her homegrown produce.

Welcoming back Kathleen Lieuson, our new Year 2 FLEX Student!



Kathleen is a second-year Medical Student at UBC. Born and raised in Vancouver, she completed her Bachelor of Science Degree in Biochemistry at the University of British Columbia. She is

passionate about solving puzzles, spending time with kids and the outdoors – especially on the water. Kathleen has particular interest in optimising and improving the healthcare system through creating order out of the chaos of data and systems. Her current research project is examining how geographic system mapping and rural-based population catchments can be used to identify and measure healthcare needs.

Research Highlight: Rural Community Perspectives

Understanding the impact of climate change from the perspective of those living within rural communities can provide valuable insight in regards to how we can plan initiatives to adapt to their needs. Read our new [interview-based blog post](#)

created by Salina Edwards, one of our Student Research Assistants! This blog post aims to uncover the various perspectives present within rural communities.

Want more like this? Check out the rest of our [blog series](#)!

Research Recruitment Opportunities

Share Your Thoughts on Personal Health Records in BC

Do you have some thoughts on Rural Personal Health Records in British Columbia? Please join our [Thought Exchange](#) and make your voice heard. Feel free to share your input, return to add more thoughts, star newly submitted thoughts, and/or review what others are saying.

Newsletter Spotlight

Vic Neufeld



This week's Newsletter Spotlight will feature Vic Neufeld, one of our collaborators from the BC Coalition Institute (BCCI).

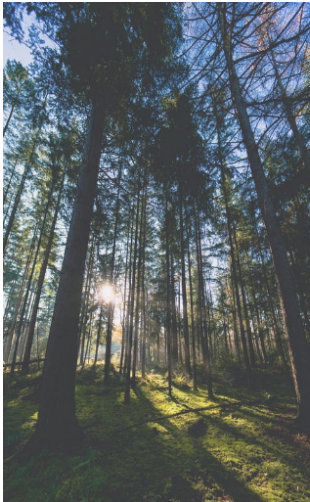
Vic Neufeld attended medical school in Saskatchewan where he obtained his MD. Prior to his career as a physician, he never really thought about global issues, but met several students from all over the world who enlightened him about ongoing public health issues in their countries. Shortly after completing his residency, Vic became interested in learning how to enhance medical school education and training, and was eventually recruited by McMaster where he worked to introduce problem-based learning. Furthermore, along with Jerry Spiegel and others, he founded the Canadian Coalition for Global Health Research, now Canadian

Association for Global Health (CAGH), and serves as the Special Advisor. His interests include strengthening health research systems in low and middle-income countries (LMICs), leadership development, and research on the health impacts of climate change.

Vic Neufeld is actively involved with the BCCI where he helped develop a community of practice which consists of webinars, workshops, and strategies for youth engagement. The BCCI has recently developed a strategic plan that will be built upon in the coming months.

Events

RHSRNbc 2022 Symposium: Resilient Transformation of BC Rural Communities



Virtual Research Symposium May 25 & 26, 2022

5.5 Mainpro+ Group Learning credits
certified by **UBC CPD**

Resilient Transformation of Rural Communities in British Columbia



Accredited by **UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT
FACULTY OF MEDICINE



Did you miss our May symposium? Please refer to the following for recordings of the event!

- [Day One](#)
- [Day Two: Part 1](#)
- [Day Two: Part 2](#)

Key themes investigated in the symposium include:

- Relationships and Communication
- Health Service Delivery
- Youth Engagement
- Indigenous Ways of Knowing and Engagement
- Responding to Ecosystem Disruption

For more information, check out our [Symposium Proceedings!](#)

The Impact of COVID-19 on Rural and Remote Mental Health and Substance Use – Webinar

Did you miss the March webinar about the impact of COVID-19 on rural and remote mental health and substance use from UBC (Okanagan), Mental Health Commission of Canada, and RCCbc? You can now watch the recording [here](#). The webinar built upon a 2021 policy brief whose analysis and recommendations were brought to life through a case study from Princeton, BC.

Online Resources

Two Loop Model

The Two Loops Theory of organizational change is a model of change that describes nonlinear emergent processes of change within complex organizations. It is a model inspired by looking at living systems' growth and decline cycle.

RCCbc Real-Time Virtual Support Toolkit for Healthcare Providers

This toolkit is designed for physicians, nurses, and nurse practitioners in rural, remote, and First Nations communities to access real-time virtual support pathways and collaboratively deliver care with partnered physicians.

Locums for Rural BC

Locums for Rural BC administers the Rural GP Locum Program, Rural GP Locum Program, and the Rural Specialist Locum Program. Check their website for more information and current locum openings.

Free Mental Health Support for BC residents

UBCO collaborates with BCPA and the province to offer psychological first-aid service.

SRPC's Rural Research Peer Support Group

Join the SRPC's Rural Research Peer Support Group to discuss strategies for rural health research and academic writing!

Recent Publications

- **RHSRNbc Publications:**

- Our new rural perspectives blog post can be found [here](#).
- Our May symposium Proceedings can be found [here](#).
- Symposium recordings for [Day One](#), [Day Two: Part 1](#), and [Day Two: Part 2](#)
- Chapter 3 (Climate Adaptation Strategies) infographic can be found [here](#)
- [Chapter 6: Reconnecting with nature](#)



- Chapter 6 Accompanying infographic found [here](#)
 - [Chapter 5: Behavioural determinants of climate action and commitment to collective change](#)
 - Chapter 5 Accompanying infographic found [here](#)
- [Development and implementation of a Heat Alert and Response System in rural British Columbia](#)
 - [It's not one size fits all: a case for how equity-based knowledge translation can support rural and remote communities to optimize virtual health care](#)

- [Position statement: Research and reconciliation with Indigenous People in rural health journals](#)
- [Canadian Journal of Rural Medicine Current Issue: January - March 2022](#)
- [Journal of Rural and Community Development - Volume 16: Issue 4](#)
- [Living as older adults with mental health concerns in rural British Columbia: A photovoice study](#)
- [Access to Mental Health Supports and Services: Perspectives of Young Women Living in Rural Nova Scotia \(Canada\)](#)
- [The impact of interpersonal relationships on rural doctors' clinical courage](#)
- [Physician wellness: Doctors taking care of doctors](#)
- [Fraser Basin Council Report: Investigations in Support of Flood Strategy Development in BC](#)
- [Addressing rural and Indigenous health inequities in Canada through socially accountable health partnerships](#)
- [CAEP 2021 Academic Symposium: recommendations for addressing racism and colonialism in emergency medicine](#)
- [Complexities of Continuing Professional Development in Context: Physician Engagement in Clinical Coaching](#)

Volunteer Opportunities

REACH BC

REACH BC connects volunteers like you with health researchers across British Columbia.

COVID-19 volunteering opportunities in Canada

Resource connects Canadian students, academics, technical staff and trainees from relevant programs to volunteer opportunities to address the impacts of COVID-19 across Canada.

Volunteer BC COVID-10 Resource Page

List of resources on how to safely volunteer in BC during COVID-19.

Volunteer Canada

Includes a list of volunteer opportunities during COVID-19 and how to stay safe

and volunteer.

[List of Volunteer Centres in BC](#)

List of organizations in BC that provide volunteer programs and citizen engagement opportunities.

[Volunteer Postings](#)

Current volunteer openings in BC.

[Employment Opportunities](#)

We are looking for a new GIS Analyst to work with the RHSRNbc. For more information, please apply [here!](#)

Visit the RCCbc [careers](#) page to find more current job posting's with RCCbc and their partners



Twitter



Website

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