



Rural Health Services Research Network of BC
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Hello RHSRNbc members! Happy New Year!

I've been thinking a lot about New Year's Resolutions (of course). January is the time when we think about what we want for ourselves this coming year, and strategize how to make these things actually happen. I posted a link last month about how January is not really the best time to initiate big changes in our lives, and the reality is that I've only ever kept one New Year's Resolution, yet I still find myself thinking about what I want to have accomplished by the end of 2014. When goal setting--both in our personal and professional lives--I think that the way we frame our goals is key to our success. If I want to experience less stress at work, will I be successful if I simply tell myself to be less stressed? Or is a better goal to go for a walk outside over my lunch break to decompress, as opposed to just going somewhere else to sit or staying at my desk? Check out [this video](#) on New Year's Resolution before you tackle 2014.

Cheers,
Taylor Fleming, RHSRNbc Coordinator

See you at the 2014 Rural Health Services Research Conference!

Join us from **April 10-12, 2014** at the [Manteo Waterfront Resort](#) in Kelowna, BC for the 2014 Rural Health Services Research Conference, entitled "Building Intersections for Vibrant Rural Communities: Research on Health, Wellness, and Place." This year's theme focuses on intersections between research, practice, and policy for health built environments. **We are still accepting abstract submissions**, and registration will open shortly. Visit our [website](#) for more information. And if you need a little help getting to the conference, be sure to apply for one of the RHSRNbc's [travel bursaries](#). We hope to see you there!



2014 Rural Health Services Research Conference
10-12 April 2014 Manteo Waterfront Resort Kelowna, BC



Building Intersections for Vibrant Rural Communities
Research on Health, Wellness, and Place

Join us for this innovative conference featuring creative and interactive sessions, including participatory dialogue, workshops, networking, and exchange! We invite abstracts for policy dialogue, workshops, pedicure, presentations, knowledge translation and exchange discussions, and poster or mixed-media presentations.

Call for Abstracts Now Open!
Visit www.rhsrnbcc.ca for details!






Upcoming Events

PHAC: Stories of using evidence to inform health promotion and chronic disease prevention practice and programs

Jan 15 at 10am | Online [here](#)

A comprehensive use of evidence entails the application of evidence over the life span of an intervention from planning, through implementation to evaluation and refinement or continuous improvement. The Casebook on Intervention Evidence Use showcases stories of five organizations successes and challenges with the use of evidence in the planning, development, implementation and evaluation of health promotion and chronic disease prevention interventions.

NCCMT Feature: Knowledge Translation (KT) Planning Primer

Feb 11 at 10am | Online [here](#)

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Healthy Mothers and Healthy Babies: New Research and Best Practice

Feb 21-22, 2014 | Vancouver, BC | More information [online](#)

This inaugural conference, hosted by Perinatal Services BC, will be an opportunity for health care professionals who are interested in the care of pregnant women and their newborns to be updated on new research and best practices across the continuum of perinatal and newborn care. This conference will engage health care professionals from a wide range of disciplines, as well as members of the public in knowledge transfer and interprofessional collaboration in order to provide the best care possible and ensure healthy mothers and babies. **Early-bird registration closes Jan 13, 2014.**

Find out when the Screening Mammography Program of BC mobile clinic will be in your community [here](#).

Funding Opportunities

RHSRNbc Travel Bursary Competition

The RHSRNbc offers four bursaries--three national bursaries of up to \$450, and one international bursary of \$750--to subsidize the cost of travel, accommodation, and other expenses related to conference participation. Bursaries are awarded to RHSRNbc members who have been invited to present their rural health services research orally or as a poster at either a national or international conference. This application has a rolling deadline, so be sure to get yours in soon! Find the application [on our website](#).

CIHR Planning and Dissemination Grant: Institute Community Support (Winter 2014 Competition)

Planning and Dissemination Grants are intended to provide support for planning and/or dissemination activities consistent with the mandate of CIHR and relevant to CIHR Institutes, Initiatives, or the Chief Scientific Officer (CSO) Community Outreach Fund. Applications are due February 17, 2014, and can be found [online](#).

Vancouver Foundation Health and Medical Education/Research Grants

The Health and Medical Education/Research Grants focus on funding community-based research. The Vancouver Foundation supports initiatives that ensure British Columbians are involved in advancing the health equity of their own communities. These research grants allow researchers and non-profit organizations to undertake relevant research collaboratively and at the community level. Applications for Spring 2014 are [now available](#), and a letter of intent is due January 24, 2014, with the grant application being due March 14, 2014.

Recent Publications

[Bergeron CD, Foster C, Friedman DB, Tanner A, Kim S.](#) Clinical trial recruitment in rural South Carolina: a comparison of investigators' perceptions and potential participant eligibility. *Rural and Remote Health* 13: 2567. (Online) 2013.

[Ellis I, Cheek C, Jaffray L, Skinner TC.](#) Making a case for telehealth: measuring the carbon cost of health-related travel. *Rural and Remote Health* 13: 2723. (Online) 2013.

[Engjom, H. M., Morken, N. H., Norheim, O. F., & Klungsoyr, K.](#) (2013). Availability and access in modern obstetric care: a retrospective population-based study. *BJOG: An International Journal of Obstetrics & Gynaecology*.

[Herzberg, S. E.](#) (2013). The Influence of Incomer Status: The Role of Rural Background, Knowledge of Mental Health Services, Stigma, and Cultural Beliefs on Help-seeking Attitudes.

[Horvath, K. J., Iantaffi, A., Romine, R. S., & Bockting, W.](#) (2014). A Comparison of Mental Health, Substance Use, and Sexual Risk Behaviors Between Rural and Non-rural Transgender Persons. *Journal of Homosexuality*, (just-accepted)..

[Jamieson JL, Kernahan J, Calam B, Sivertz \(the late\) KS.](#) One program, multiple training sites: does site of family medicine training influence professional practice location? *Rural and Remote Health* 13: 2496. (Online) 2013.

[Parker, V., McNeil, K., Higgins, I., Mitchell, R., Paliadelis, P., Giles, M., & Parmenter, G.](#) (2013). How health professionals conceive and construct interprofessional practice in rural settings: a qualitative study. *BMC health services research*, 13(1), 500.

[Rosenberger, J. G., Schick, V., Schnarrs, P., Novak, D. S., & Reece, M.](#) (2014). Sexual Behaviors, Sexual Health Practices, and Community Engagement Among Gay and Bisexually Identified Men living in Rural Areas of the United States. *Journal of Homosexuality*, (just-accepted).

[Snyder AE, Milbrath GR.](#) Description of healthcare needs at an episodic clinic in rural southwest Virginia. *Rural and Remote Health* 13: 2557. (Online) 2013.

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